

Our Team

Emma Westers - Podiatrist

Emma is the practice owner and is registered with both the Health Care Professionals Council and The Society of Chiropractors and Podiatrists.

Ann Westers - Practice Manager

Ann runs Reception, makes appointments and runs the practice. She will be the first person you speak to you when you make your appointment.



Centre 4 Feet

1 Ray Lane
Blindley Heath
Lingfield
Surrey
RH7 6LH

Easy parking and disabled facilities are available.

Tel: 01342 834454

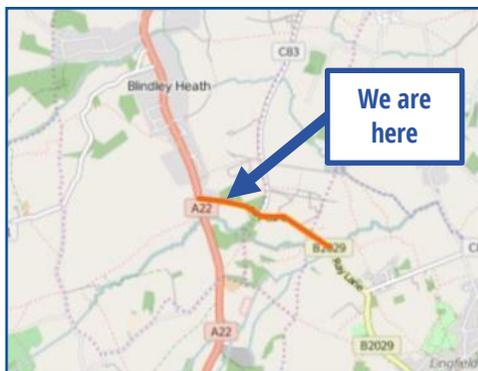
Website: www.centre4feet.co.uk

Appointments

 **01342 834454**



Emma Victoria Westers
MChS, HCPC reg Podiatrist



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Opening Hours

Monday, Thursday and Friday: 8.30am - 1.30pm

Tuesday: 8.30am - 6.30pm

Alternate Saturdays: 8.30am - 1.00pm



www.centre4feet.co.uk

High quality chiropody and
podiatry treatment
in a professional and
friendly atmosphere



The SOCIETY of
CHIROPODISTS
& PODIATRISTS



www.hcpc-uk.org

Fungal nail treatment

Clearanail is an innovative, brand new concept which has been developed using the latest technological advances.

The Clearanail probe makes micro pathways through the nail plate without penetrating the nail bed which allows topical treatments to target the fungal infection.

Verrucae

We offer a wide range of verrucae treatments including cryotherapy (freezing) and the pioneering new microwave energy therapy "Swift".



Treatments available:

- ✦ Routine chiropody
- ✦ Nail surgery
- ✦ Fungal nail and skin infections
- ✦ Diabetic foot care
- ✦ Thickened nails
- ✦ Management of the arthritic foot
- ✦ Heel pain
- ✦ Childhood foot complaints
- ✦ Biomechanics and orthotics
- ✦ Verrucae
- ✦ The elderly foot
- ✦ Warm wax therapy treatment

Nail surgery

Performed under local anaesthetic for ingrowing or involuted toenails.

The Diabetic Foot

As well as offering diabetic patients regular chiropody treatment we also offer yearly diabetic foot assessments, testing both vascular and neurological supply to your feet. Advice can be given on suitable footwear and how to look after your feet daily.

Biomechanics

Using 3D pressure plate technology and a full biomechanical assessment to prescribe a wide range of orthoses for all types of footwear and sporting activities.

We also sell a range of products including:

- ✦ Dr's Remedy Enriched Nail Care
- ✦ CCS foot care creams
- ✦ Hyperion foot and shoe sprays
- ✦ Non custom made insoles
- ✦ Gift Vouchers for Podiatry treatment



Our Philosophy

At Centre4Feet we aim to look after all your podiatry needs. Podiatrists diagnose and treat foot disorders, deformities and provide general foot care advice for all age groups.

We are trained to assess problems including those associated with diabetes and arthritis, related to gait or structural abnormalities or caused by badly fitting footwear.

Emma first set up The Stables Podiatry Clinic in 1998. In 2005 Emma relocated to her new purpose built clinic in Blindley Heath which has disabled access and easy parking. Centre4Feet is surrounded by open countryside and opposite Blindley Heath Cricket Club of which we are proud sponsors.